

dotWELL Teen Center

for a healthy neighborhood

*August 2010

Monday	Tuesday	Wednesday	Thursday	Friday
2 12pm Teen Center Opens 12-1pm Free Lunch 1-2pm Basketball Clinic 4-5pm Teen Time/Snack 4-6pm Open Gym 5-6pm Game Challenge 6-7pm Competitive Swim 6-9pm Safe City Sports at Ronan Park	3 12pm Teen Center Opens 12-1pm Free Lunch 1-2pm Basketball Clinic 4-5pm Teen Time/Snack 4-6pm Open Gym 5-6pm Game Challenge 6-7pm Competitive Swim 6-9pm Safe City Sports at Ronan Park	4 12pm Teen Center Opens 12-1pm Free Lunch 1-3pm Get Fit Cycling 2:15-3:15pm Teen Swim 4-5pm Teen Time/Snack 4-6pm Open Gym 6-9pm Safe City Sports at Ronan Park	5 12pm Teen Center Opens 12-1pm Free Lunch 1-4pm FRESH challenge 4-5pm Teen Time/Snack 4-6pm Dance 5-6pm Game Challenge 6-7pm Competitive Swim 6-9pm Safe City Sports at Ronan Park	6 12pm Teen Center Opens 12-1pm Free Lunch 1-3pm Get Fit/Cycling 3:30-4:15pm Aquatic Games 4:30-5:30pm AquaSkills Challenge 4-5pm Teen Time/Snack 4-6pm Open Gym 5-6pm Teen Café
9 12pm Teen Center Opens 12-1pm Free Lunch 1:15-2:15pm Tennis Clinic 2:15-3:15pm Teen Swim 4-5pm Teen Time/Snack 4-6pm Open Gym 6-9pm Safe City Sports at Ronan Park	10 12pm Teen Center Opens 12-1pm Free Lunch 1-2pm Basketball Clinic 4-5pm Teen Time/Snack 4-6pm Open Gym 5-6pm Game Challenge 6-7pm Competitive Swim 6-9pm Safe City Sports at Ronan Park	11 12pm Teen Center Opens 12-1pm Free Lunch 1-3pm Get Fit Cycling 2:15-3:15pm Teen Swim 4-5pm Teen Time/Snack 4-6pm Open Gym 6-9pm Safe City Sports at Ronan Park	12 12pm Teen Center Opens 12-1pm Free Lunch 1-4pm FRESH challenge 4-5pm Teen Time/Snack 4-6pm Dance 5-6pm Game Challenge 6-7pm Competitive Swim 6-9pm Safe City Sports at Ronan Park	13 12pm Teen Center Opens 12-1pm Free Lunch 1-3pm Get Fit/Cycling 3:30-4:15pm Aquatic Games 4:30-5:30pm AquaSkills Challenge 4-5pm Teen Time/Snack 4-6pm Open Gym 5-6pm Teen Café
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To register or for more information on summer programs, contact Cheryl Brickey, Teen Programs Coordinator

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*schedule subject to change

