DotHouse Health
We keep you well

Inquire about our Youth and Adult swim lessons, American Red cross courses, BLS Courses, our BCH sponsored Asthma Swim Program, and our DHS Swim Team Tryouts!

Join the NEXT GENERATION of Red Cross Training

December 2019 DotHouse Health Pool Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00 AM	Pool opens at 9:00 AM for DHH Pool members	Pool opens at 11:00 am for members	Pool opens at 9:00 AM for DHH Pool members	Pool opens at 11:00 am for members	Pool opens at 9:00 AM for DHH Pool members	All Swimmers Must Wear Appropriate Swim Wear and SHOWER Before Entering Pool
7:30 AM						
8:00 AM						Adult Lap Swim 8:00 - 9:00 am
8:30 AM						
9:00 AM	Adult Lap, Member Swim 9:00AM-10:30 AM		Adult Lap, Member Swim 9:00AM-10:30 AM		Adult Lap, Member Swim 9:00AM-10:30 AM	Asthma Swim/DHS 9:00-12:00 pm
9:30 AM						
10:00 AM						
10:30 AM	Closed 10:30-11AM		Closed 10:30-11AM		Closed 10:30-11AM	
11:00 AM	Adult lap swim 11:00-1:00 PM	Adult lap swim 11:00-1:00 PM	Adult lap swim 11:00-1:00 PM	Adult lap swim 11:00-1:00 PM	Adult lap swim 11:00-1:00 PM	
11:30 AM						
12:00 AM						
12:30 PM						Adult Lap/DHS 12:00-1:30 PM
1:00 PM	Member Only Swim 1:00 - 2:00 PM	Member Only Swim 1:00 - 2:00 PM	Member Only Swim 1:00 - 2:00 PM	Member Only Swim 1:00 - 2:00 PM	Member Only Swim 1:00 - 2:00 PM	
1:30 PM						
2:00 PM	Closed from 2:00-3:00 pm	Closed from 2:00-3:00 pm	Closed from 2:00-3:00 pm	Closed from 2:00-3:00 pm	Community Swim 2:00 - 3:00 PM	Community Swim 1:30 - 3:00 PM Public Welcome Adults $ 3.00 Children & Seniors $ 1.00
2:30 PM						
3:00 PM	Community Swim 3:00 - 4:00 PM	Community Swim 3:00 - 4:00 PM	Community Swim 3:00 - 4:00 PM	Community Swim 3:00 - 4:00 PM	Adult Lap 3:00-4:30 PM	
3:30 PM						Pool closes @ 3:00 pm on Saturdays!!
4:00 PM	DotHouse Swim Team 4:00-6:30 PM	DotHouse Swim Team 4:00-6:30 PM	DotHouse Swim Team 4:00-6:30 PM	DotHouse Swim Team 4:00-6:30 PM	Pool Closed at 4:30 PM	
4:30 PM						*We are not responsible for lost or stolen property!!!*
5:00 PM						
5:30 PM						**Pool Schedule Subject To Change Without Notice**
6:00 PM						
6:30 PM	Swim Lessons/DHS 6:30-7:30 PM	Swim Lessons/DHS 6:30-7:30 PM	Swim Lessons/DHS 6:30-7:30 PM	Swim Lessons/DHS 6:30-7:30 PM		
7:00 PM						If Thunder Or Lightning, Exit Pool & Wait 30 Minutes. Using the bathroom showers are prohibited at that time as well.
7:30 PM	Member Only Swim 7:30 - 8:30 PM	Member Only Swim 7:30 - 8:30 PM	Member Only Swim 7:30 - 8:30 PM	Member Only Swim 7:30 - 8:30 PM		
8:00 PM						
8:30 PM	*Pool will be closed on Tuesday and Wednesday 12/24-25/19 in recognition of Christmas*					

Ask us about our ARC of Mass Bay Basic Life Support & Lifeguard courses!!!!

Pool closes @ 8:30PM Mon.-Thurs. and @ 4:30 pm on Fridays! All patrons must exit the building by 8:45 pm Mon.-Thurs./4:45 pm on Friday evenings

CLOSE HOURS

For more information please contact Dirk @ 617-740-2234