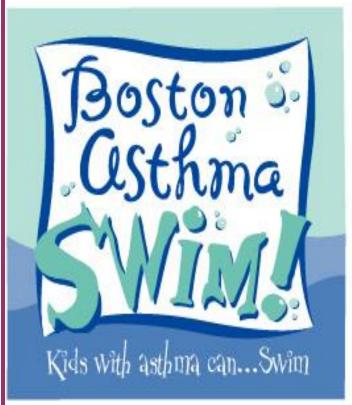
## Dot House Health ASTHMA SWIM PROGRAM For kids with Asthma ages 8-12 years old



Who: Asthma swimmers of <u>all</u> levels When: Saturday October 26<sup>th</sup>, 2019

Where: DotHouse Health Pool 1353 Dorchester Avenue Dorchester MA., 02122

Cost: FREE! FREE!! FREE!!! FREE!!!!

(Sign up today!!!)

To register or for more information please contact Dirk @ DotHouse

Health pool at 617-740-2234 or send an email to asthmaswimprogram@gmail.com

Mandatory Parent Orientation on October 19<sup>th</sup>, 2019 @ 10 am!!!
This program starts on October 26<sup>th</sup>, 2019 and will run for 10 weeks on Saturdays from 9:30am-1:00pm.

## Included in this exciting program will be:

- Improved asthma management skills, education and confidence
- Swim lessons with an ARC certified Water Safety instructor
- Free American Red cross First Aid/CPR/AED course for parents!!!!!
- FUN! FUN!! FUN!!!

## \*SPACE IS STILL AVAILABLE\*

\* This program is made possible by the generosity of Boston Children's Hospital in collaboration with DotHouse Health Pool



