

# Dot House Health ASTHMA SWIM PROGRAM

For kids with Asthma ages 8-12 years old



Who: Asthma swimmers of all levels

When: Soon!!! Contact us now!!!

Where: DotHouse Health Pool

1353 Dorchester Avenue

Dorchester MA. , 02122

Cost: **FREE! FREE!! FREE!!! FREE!!!!**

**(Sign up today!!!)**

To register or for more information  
please contact Dirk @ DotHouse  
Health pool at 617-740-2234 or send  
an email to

[asthmaswimprogram@gmail.com](mailto:asthmaswimprogram@gmail.com)

**Mandatory Parent Orientation  
required!**

This program start and will run for **10 weeks** on **Saturdays from  
9am-12pm.**

Included in this exciting program will be:

- Asthma education
- Swim lessons with a certified lifeguard instructor
- Improved asthma management skills and confidence
- Free American Red cross First Aid/CPR/AED course for parents!!!!
- Lots of fun, Fun, FUN!!!

**\*SPACE IS STILL AVAILABLE\***

\* This program is made possible by the generosity of Boston Children's Hospital in collaboration with DotHouse Health Pool