



Inquire about our Youth and Adult swim lessons, American Red cross courses, our BCH sponsored Asthma Swim Program, and our DHS Swim Team Tryouts!

Join the **NEXT GENERATION** of Red Cross Training

**September-October of 2018 Pool Schedule**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																
6:45 AM	Adult Lap, Senior Swim 6:45-10:00 AM & N.E. Physical Therapy 9-10:30 AM	Adult Lap, Senior Swim 6:45-10:00 AM & N.E. Physical Therapy 9-10:30 AM	Adult Lap, Senior Swim 6:45-10:00 AM & N.E. Physical Therapy 9-10:30 AM	Adult Lap, Senior Swim 6:45-10:00 AM & N.E. Physical Therapy 9-10:30 AM	Adult Lap & Senior Swim 6:45-10:30 AM	All Swimmers Must Wear Appropriate Swim Wear & <b>SHOWER</b> Before Entering Pool.	C															
7:00 AM							L															
7:30 AM							O															
8:00 AM						Adult Lap, Senior Swim 6:45-10:00 AM & N.E. Physical Therapy 9-10:30 AM	Adult Lap, Senior Swim 6:45-10:00 AM & N.E. Physical Therapy 9-10:30 AM	Adult Lap, Senior Swim 6:45-10:00 AM & N.E. Physical Therapy 9-10:30 AM	Adult Lap, Senior Swim 6:45-10:00 AM & N.E. Physical Therapy 9-10:30 AM	Adult Lap & Senior Swim 6:45-10:30 AM	Adult Lap Swim 8:00 - 9:00 am	S										
8:30 AM												E										
9:00 AM											Youth Swim Lessons 9:00-12:00 pm	D										
9:30 AM												S										
10:00 AM												U										
10:30 AM	N																					
11:00 AM	Closed 10:30-11AM	Closed 10:30-11AM	Closed 10:30-11AM	Closed 10:30-11AM	Closed 10:30-11AM							Youth Swim Lessons 9:00-12:00 pm	D									
11:30 AM													A									
12:00 AM						Y																
12:30 PM						S																
1:00 PM						Member Swim 11:00 AM - 2:00 PM	Member Swim 11:00 AM - 2:00 PM	Member Swim 11:00 AM - 2:00 PM	Member Swim 11:00 AM - 2:00 PM	Member Swim 11:00 AM - 2:00 PM	DHS 12:00-1:30 PM		D									
1:30 PM													O									
2:00 PM											Community Swim 2:00 - 3:00 PM		Community Swim 2:00 - 3:00 PM	Community Swim 2:00 - 3:00 PM	Community Swim 2:00 - 3:00 PM	Community Swim 2:00 - 3:00 PM	Community Swim 1:30 - 3:00 PM Public Welcome Adults \$ 3.00 Children & Seniors \$ 1.00	R				
2:30 PM																		C				
3:00 PM	DHS / Adult Lap(2 Lanes) 3:00-4:30 PM	DHS / Adult Lap 3:00 - 4:00 PM	DHS / Adult Lap 3:00 - 4:00 PM	DHS / Adult Lap 3:00 - 4:00 PM	DHS / Adult Lap 3:00 - 4:00 PM							Pool closes @ 3:00 pm on Saturdays!!					H					
3:30 PM																	E					
4:00 PM												DHS / Adult Lap Swim 4:00-5:00 PM					DHS / Adult Lap Swim 4:00-5:00 PM	DHS / Adult Lap Swim 4:00-5:00 PM	DHS / Adult Lap Swim 4:00-5:00 PM	DHS / Adult Lap Swim 4:00-5:00 PM	We are not responsible for lost or stolen property!!!	S
4:30 PM																						T
5:00 PM						DHS 5:00-6:30 PM	DHS 5:00-6:30 PM	DHS 5:00-6:30 PM	DHS 5:00-6:30 PM	DHS 5:00-6:30 PM											Pool Schedule Subject To Change Without Notice	E
5:30 PM																						R
6:00 PM											DHS / Youth Swim Lessons 6:30-7:30 PM		DHS / Youth Swim Lessons 6:30-7:30 PM	DHS / Youth Swim Lessons 6:30-7:30 PM	DHS / Youth Swim Lessons 6:30-7:30 PM	DHS / Youth Swim Lessons 6:30-7:30 PM					Pool Closed at 4:30 PM	H
6:30 PM																						O
7:00 PM	Member Only Swim 7:30 - 8:30 PM	Member Only Swim 7:30 - 8:30 PM	Member Only Swim 7:30 - 8:30 PM	Member Only Swim 7:30 - 8:30 PM	Member Only Swim 7:30 - 8:30 PM																If Thunder Or Lightning, Exit Pool & Wait 30 Minutes. No Showers At This Time Either Please.	U
7:30 PM																						S
8:00 PM												The DHH Pool will be closed on Oct. 8th in recognition of Columbus Day					The DHH Pool will be closed on Oct. 8th in recognition of Columbus Day	The DHH Pool will be closed on Oct. 8th in recognition of Columbus Day	The DHH Pool will be closed on Oct. 8th in recognition of Columbus Day	The DHH Pool will be closed on Oct. 8th in recognition of Columbus Day	Pool closes @ 3:00 pm on Saturdays!!	E
8:30 PM																						.

Ask us about our ARC of Mass Bay Basic Life Support & Lifeguard courses!!!!

Pool closes @ 8:30PM Mon.-Thurs. and @ 4:30 pm on Fridays! All patrons must exit the building by 8:45 pm Mon.-Thurs./4:45 pm on Friday evenings

For more information please contact Dirk @ 617-740-2234