



Inquire about our Youth and Adult swim lessons, American Red cross courses, BLS Courses, our BCH sponsored Asthma Swim Program, and our DHS Swim Team Tryouts!

Join the **NEXT GENERATION** of Red Cross Training

March-May of 2022 DotHouse Health Pool Schedule

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | C | | |
|---|---|---|---|---|--|---|--|---|--|
| 7:00 AM | | | | | Pool opens at 9:00 AM for DHH Pool members | All Swimmers Must Wear Appropriate Swim Wear and SHOWER Before Entering Pool | L | | |
| 7:30 AM | | | | | | | O | | |
| 8:00 AM | | | | | | DHH Member Lap Swim from 8-9 AM | S | | |
| 8:30 AM | Pool opens at 11:00 am for members | Pool opens at 11:00 am for members | Pool opens at 11:00 am for members | Pool opens at 11:00 am for members | | | E | | |
| 9:00 AM | | | | | | | | D | |
| 9:30 AM | | | | | | | | Senior Lap, Member Swim 9:00AM-11:00 AM | |
| 10:00 AM | | | | | | | | | |
| 10:30 AM | | | | | | S | | | |
| 11:00 AM | | | | | | Our Saturday DHH Pool Learn to Swim Program has STARTED!!! 9am-12pm Ask any DHH Lifeguard for details!! 617-740-2234 | U | | |
| 11:30 AM | Adult lap swim 11:00-12:30 PM | Adult lap swim 11:00-12:30 PM | Adult lap swim 11:00-12:30 PM | Adult lap swim 11:00-12:30 PM | Adult lap swim 11:00-12:30 PM | | N | | |
| 12:30 PM | | | | | | | A | | |
| 1:00 PM | Member Only Swim 1:00-2:00 PM | Member Only Swim 1:00-2:00 PM | Member Only Swim 1:00-2:00 PM | Member Only Swim 1:00-2:00 PM | Member Only Swim 1:00-2:00 PM | | Due to Covid 19 protocols, space is limited !! All Adult members must call and register before using the Pool. | Y | |
| 1:30 PM | | | | | | We are not responsible for lost or stolen property!!! | S | | |
| 2:00 PM | Adult Lap 2:00-3:00 pm | Adult Lap 2:00-3:00 pm | Adult Lap 2:00-3:00 pm | Adult Lap 2:00-3:00 pm | Adult Lap 2:00-3:00 pm | | D | | |
| 2:30 PM | | | | | | Member Lap Swim 3:00-4:30 PM | O | | |
| 3:00 PM | DotHouse Staff Lap Swim 3:00-4:00 PM | DotHouse Staff Lap Swim 3:00-4:00 PM | DotHouse Staff Lap Swim 3:00-4:00 PM | DotHouse Staff Lap Swim 3:00-4:00 PM | | | T | | |
| 3:30 PM | | | | | | Pool Closed at 4:30 PM | H | | |
| 4:00 PM | | | | | | | O | | |
| 4:30 PM | | | | | | Due to our Covid Protocols we can only allow one adult per lane during adult lap/member swim | U | | |
| 5:00 PM | | | | | | | S | | |
| 5:30 PM | DotHouse Swim Team/ DHH Swim Lessons 4:00-7:30 PM | DotHouse Swim Team/ DHH Swim Lessons 4:00-7:30 PM | DotHouse Swim Team/ DHH Swim Lessons 4:00-7:30 PM | DotHouse Swim Team/ DHH Swim Lessons 4:00-7:30 PM | | Pool Schedule Subject To Change Without Notice | E | | |
| 6:00 PM | | | | | | | H | | |
| 6:30 PM | | | | | | If Thunder Or Lightning, Exit Pool & Wait 30 Minutes. Using the bathroom showers are prohibited at that time as well. | E | | |
| 7:00 PM | | | | | | | A | | |
| 7:30 PM | | | | | | Closed | L | | |
| 8:00 PM | | | | | | | T | | |
| The DHH Pool will be closed on Monday 5/30/22 in recognition of Memorial Day | | | | | | | H | | |
| Pool closes @7:30PM Monday thru Thursday and @ 4:30 pm on Fridays! - All patrons must exit the building by 7:45 pm Monday thru Thursday , 4:45 pm on Fridays and 2:45 PM on Saturdays | | | | | | | O | | |
| | | | | | | | R | | |
| | | | | | | | G | | |

For more information please contact DotHouse Health Pool @ 617-740-2234